

# Volunteer With Us

## Can You Help?

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ e-mail \_\_\_\_\_

### Ways to Help: (check all that interest you)

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> volunteer coordinator | <input type="checkbox"/> make calls             | <input type="checkbox"/> graphic design      | <input type="checkbox"/> website management  |
| <input type="checkbox"/> office work           | <input type="checkbox"/> write press releases   | <input type="checkbox"/> play music          | <input type="checkbox"/> newsletter mailings |
| <input type="checkbox"/> drive/run errands     | <input type="checkbox"/> help in Respite Center | <input type="checkbox"/> help raise money    |  |
| <input type="checkbox"/> host events           | <input type="checkbox"/> carpentry/painting     | <input type="checkbox"/> computer management |  |

### Tell us a little about yourself. My background is/I have experience in: (check all that apply)

- |   |   |  |                                   |
|---|---|--|-----------------------------------|
| <input type="checkbox"/> corporate clerical | <input type="checkbox"/> community organizing | <input type="checkbox"/> fundraising     | <input type="checkbox"/> arts     |
| <input type="checkbox"/> computer systems   | <input type="checkbox"/> sales                | <input type="checkbox"/> non-profit work | <input type="checkbox"/> graphics |
| <input type="checkbox"/> outreach           | <input type="checkbox"/> carpentry/handyman   | <input type="checkbox"/> education       |                                   |

### I would like to volunteer:

- a few hours each month     2-5 hours per week     5-10 hours per week     20 hours per week     full-time

### Best time for me to volunteer:

- weekdays     weekends     mornings     afternoons     evenings

Best time to reach me: \_\_\_\_\_

Recommend others? \_\_\_\_\_